

Abstract



A cosmetic is provided, which is prepared by mixing
papain, bromelain, a protease derived from *Agaricus blazei*
5 Muril, a protease derived from *Grifola frondosa*, or a protease
derived from *Bacillus natto*, and the culture supernatant of
lactic acid bacteria such as lactic acid bacteria for
fermenting kefir. By using such a cosmetic, it is possible to
remove the pigmented cells such as chloasmata, freckles, and
10 lentigines.